

PALAIS GLIDE

Old Tyme dance from Scotland. (Pronounced PAL-ee).

Music: Recommended tune: Road to the Isles. 4/4

Formation: Cpls in varsouvienne pos, or may team up into lines of 3, 4, 5, or 6 dancers with arms around neighbors' waists.

Steps: Cut-hop (2 per meas): Hop onto L across in front of R displacing R (ct 1), hop on L swinging R fwd (ct 2). Leap onto R across in front of L displacing L (ct 3), hop on R swinging L fwd (ct 4).

<u>Measures</u>	<u>Pattern</u>
1	Point L heel fwd (ct 1), hold (ct 2), step L slightly behind R with small bend of knee (ct 3), step R to R side (ct 4).
2	Step L slightly in front of R (ct 1), hold (ct 2), point R heel fwd (ct 3), hold (ct 4).
3	Step R slightly behind L with small bend of knee (ct 1), step L to L side (ct 2), step R slightly in front of L (ct 3), hold (ct 4).
4	Point L heel fwd (ct 1), hold (ct 2), point L toe back (ct 3), hold (ct 4).
5-6	2 schottische steps fwd LOD, starting L.
7-8	4 cut-hops in place.

Repeat dance from beginning.

Presented by C. Stewart Smith